

Nexus Research Project Project Rachel Yorke and Niall Horstead

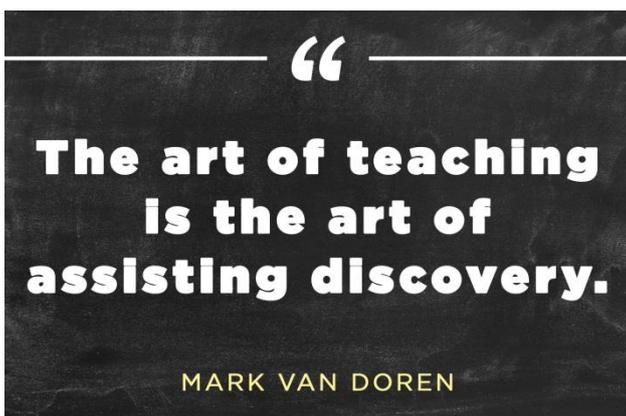


'Leaders adopt or construct a curriculum that is ambitious and designed to give all learners, particularly the most disadvantaged, the knowledge and cultural capital they need to succeed in life...'

'Teaching is designed to help learners to remember in the long term the content they have been taught and to integrate new knowledge into larger concepts'

'Beyond the academic, technical or vocational and provides for learners' broader development, enabling them to develop and discover their interests and talents'

'Support learners to develop their character – including their resilience, confidence and independence – and help them know how to keep physically and mentally healthy'



Mark Van Doren (1894–1972) poet, writer and critic, scholar and a professor of English at Columbia University

Rationale

Learners at Abbey School, in general, have poor fitness levels. This is a national issue and a focus for the school to ensure that our learners are ready for the world when they leave the school.

Diagnosis

Learners at Abbey School do not view their fitness as their own responsibility

Sources of Evidence

In School, a menu based approach to providing learning opportunities in one class has lead to learners taking ownership of their own academic learning.

Out of school, PerkettPE develops ways to engage learners in PE using a themed approach.

...will these approaches have the same impact with Abbey learners through PE on learner fitness and approaches to it?

- Speed times in fitness tests
- Learners using the language of PLTS in PE
- Learners discussing fitness and activity they take part in
- Learners demonstrating ownership of their own fitness – film clips, questionnaires

Enquiry Question

The art of teaching is the art of assisting discovery: How effective is the menu approach to learning, when delivered for 1.5 hours/week with all except three classes at Abbey School over one term, in improving the ability of learners to take ownership of their own fitness through PE?