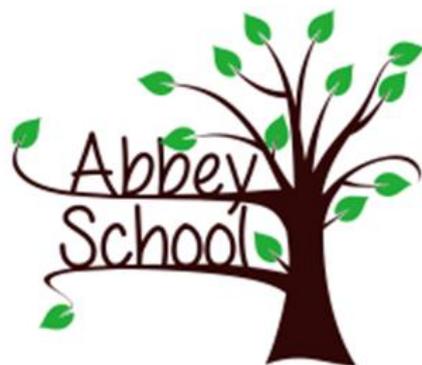
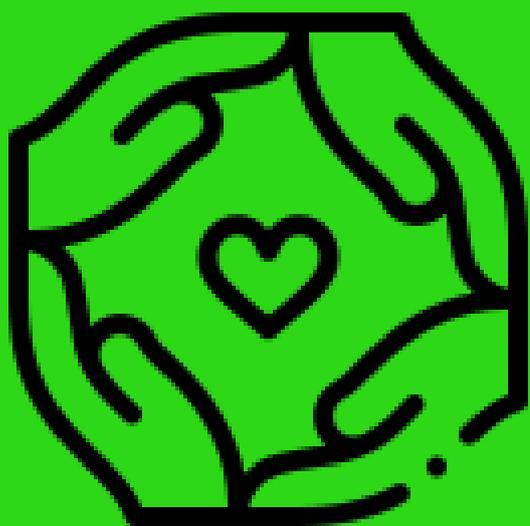


The cost of Living Crisis Directory for Families



Finance

	<p>Rotherham Council</p>	<p>rotherham.gov.uk/housing/supporting-people-struggling-financially/</p>	<p>Giving advice and help on concerns related to money.</p>
	<p>Find general Money and bebt advice</p>	<p>rotherham.gov.uk/money-debt-advice</p>	<p>Advice and help on concerns related to managing money and debt.</p>
	<p>Financial support for tenants</p>	<p>rotherham.gov.uk/money-debt-advice/financial-inclusion</p>	<p>Advice and support to address debt, claim the righ benefits, give support and advice on money.</p>
	<p>Council Tax for general Council Tax help</p>	<p>rotherham.gov.uk/council-tax</p>	<p>Offers support for general council tax help.</p>
	<p>Get help to pay your Council Tax</p>	<p>rotherham.gov.uk/council-tax/get-help-pay-council-tax</p>	<p>Offers support and help to pay council tax.</p>
	<p>Get advice on rent arrears</p>	<p>rotherham.gov.uk/housing</p>	<p>Offers help, advice and support on housing.</p>
	<p>Apply for discretionary housing payment</p>	<p>rotherham.gov.uk/benefits</p>	<p>Offers help and support on applying for housing payments.</p>
	<p>Rotherfed - Making our money go further</p>	<p>rotherhamfederation.org/making-our-money-go-further</p>	<p>Offering help and advice on making money go farther in partnership with rotherham citizens advice.</p>

childcare and Family

	<p>Paying for Childcare</p>	<p>gov.uk/help-with-childcare-costs</p>	<p>You may be able to claim back up to 85% of your childcare costs if you're eligible for Universal Credit.</p>
	<p>Free School Meals</p>	<p>rotherham.gov.uk/benefits/apply-free-school-meals/1</p>	<p>You may be able to claim benefits-related Free School Meal for your child if you meet Government's eligibility criteria and your child is a full-time student at a school in Rotherham.</p>
	<p>Help buying a school uniform</p>	<p>rotherham.gov.uk/educational-awards-grants/buying-school-uniform</p>	<p>Offers help and support with school uniform costs.</p>
	<p>Rotherham Healthy Holidays programme</p>	<p>rotherham.gov.uk/childrens-health-wellbeing/healthy-holidays</p>	<p>Offers a space for eligible children to take part in activities during school holidays.</p>
 <p>Families First</p>	<p>Families First - Baby Bank</p>	<p>Email Ann Levick at ann.familiesfirst@gmail.com</p>	<p>Free nappies, wipes, baby essential items and maternity supplies to pregnant women and mums of children aged 0-5 years old.</p>
	<p>REMA</p>	<p>rema-online.org.uk/volunteering</p>	<p>Offers support to the Black and Minority Ethnic Voluntary and Community Sector of Rotherham.</p>

Housing and Homelessness

 <p>Citizens Advice Service</p>	<p>citizensadvice.org.uk/housing</p>	<p>Giving advice on renting privately or from the council or housing association, homelessness, mortgage problems, safety fears where you live.</p>
 <p>Lighthouse Homes</p>	<p>lighthousehomes.co.uk</p>	<p>Offers immediate, medium and long term accommodation to women and men who've found themselves homeless.</p>
 <p>Action Housing</p>	<p>action.org.uk</p>	<p>Offers support to vulnerable groups of people by helping them secure and maintain accommodation and facilitate personal development.</p>
 <p>Roundabout</p>	<p>roundabouthomeless.org</p>	<p>Provide support for 300 young people every day with shelter support and life skills.</p>

Energy and Bills Support

	<p>Get help with energy bills</p>	<p>rotherham.gov.uk/energy-climate-change/energy</p>	<p>Offers help and support with the increase to energy bills.</p>
	<p>Energy Crisis Support Scheme</p>	<p>rotherham.gov.uk/housing-grants-finance/energy-crisis-support-scheme</p>	<p>Offers a scheme where the council provided a payment of up to £400 to households struggling to meet the cost of energy bill as a result of the significant rise.</p>
	<p>Rotherfed - Energy know how scheme</p>	<p>rotherhamfederation.org/energy-know-how</p>	<p>Offers support to residents to reduce energy usage and utility costs in their home.</p>
	<p>Prescription for Warmth</p>	<p>prescriptionforwarmth.co.uk 0191 8151003 hello@prescriptionforwarmth.co.uk</p>	<p>Offering support with energy saving advice and debt advice as well as offering support accessing other support such as foodbanks.</p>

All households connected to the electricity grid will get a £400 discount - called the Energy Bills Support Scheme - that will be paid as a credit on to your energy bill in instalments from October 2022 to March 2023. These won't need to be paid back and you don't need to do anything in order to receive it. The first instalment of £66 will be applied to your energy payments in October 2022.

- Some households will also receive a £650 cost of living payment. To be eligible, you must be receiving certain means-tested benefits, including Universal Credit, tax credits, Pension Credit and other means tested benefits. The money will be paid directly into your accounts from the Department for Work and Pensions (DWP) in two lump sums.
- The first payment of £326 started being paid to qualifying households in July, with the second payment of £324 to follow in the autumn. Payments from HMRC for those receiving tax credits will follow shortly afterwards.
- If you receive non-means-tested disability benefits, you will be given an extra one-off cost of living payment worth £150.
- Finally, pensioners who currently receive the government's Winter Fuel Payment will be given an extra one-off sum of £300 in the autumn. To be eligible for the Winter Fuel Payment, you must be born on or before 26 September 1956. Payments are between £100 to £300, depending on your age and circumstances

Mental Health Support

 <p>Samaritans</p>	<p>116 123 Jo@samaritans.org</p>	<p>Free 24/7 listening service for any worries or concerns.</p>
 <p>Shout</p>	<p>Test 'SHOUT' to 85258</p>	<p>Free, confidential, anonymous text support service. You can text from wherever you are in the UK.</p>
 <p>RotherFed - Friendship Calls</p>	<p>rotherhamfederation.org/friendship-calls</p>	<p>A weekly phone service for those feeling lonely, isolated and alone.</p>
 <p>Rotherhive</p>	<p>rotherhive.co.uk/mental-health</p>	<p>Offers an online resource that provides support and information for the local adults who require support from addictions, well-being and mental health services.</p>
 <p>Rethink</p>	<p>rethink.org/help-in-your-area/support-groups/rethink-rotherham-support-group</p>	<p>A support group that offers support to people with mental illness a change to come to gether in a relaxed and welcoming space.</p>

Food Services

Community shops or food pantries help people access affordable and healthy food, toiletries, and household items. They often work on a membership basis, allowing people to sign up and go for a shop like experience. Some community shops may offer a service to turn up and pay as you feel. Unlike a foodbank, they don't require a referral.

	<p>Save money on your food shop</p>	<p>rotherham.gov.uk/money-debt-advice/save-money-food-costs</p>	<p>offers support and advice on saving money and reducing household food costs.</p>
	<p>Rotherham Food Bank</p>	<p>rotherham.foodbank.org.uk</p>	<p>Offers support to struggling households to combat hunger and poverty across the UK.</p>
	<p>Liberty Church</p>	<p>libertyrotherham.org/blog/liberty-food-baby-bank</p>	<p>Offers support to families with emergency essential supplies like nappies and formula milk, or with their newborn pack that includes everything a baby needs for a healthy and safe start.</p>
	<p>Shiloh</p>	<p>shilohrotherham.org.uk/services</p>	<p>Offers support to one to one appointments & small group activities.</p>