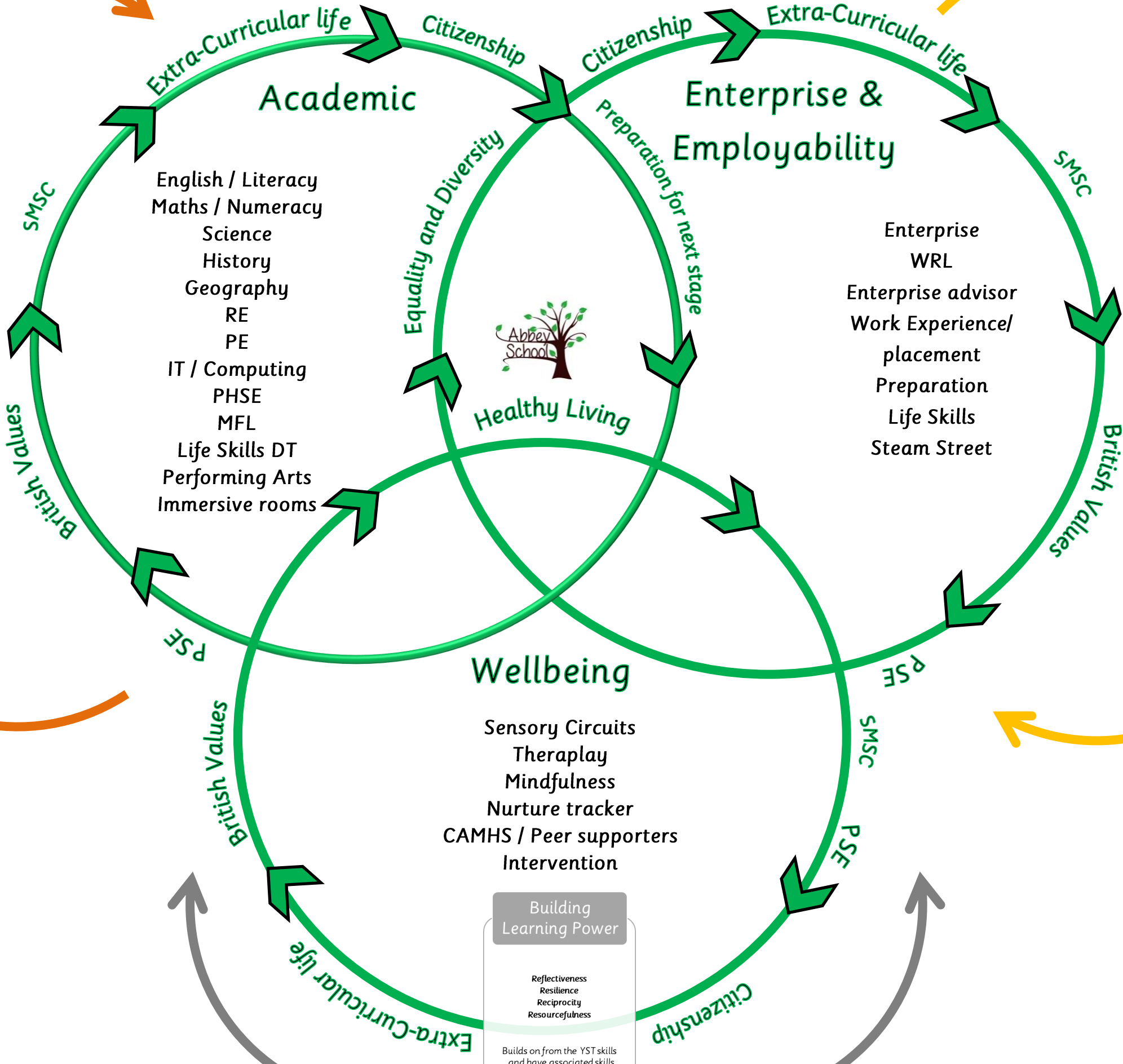


Abbey Curriculum Our Foundations and Wider Curriculum

Healthy Me
Social Me
Physical Me
Thinking Me

A Range of skills are associated within each of these headings

YST – Personal Best



Skills Builder

- Listening
- Speaking
- Creativity
- Problem Solving
- Aiming High
- Staying Positive
- Leadership
- Teamwork

Developing essential skills for Further Education, Training and Employment

Building Learning Power

- Reflectiveness
- Resilience
- Reciprocity
- Resourcefulness

Builds on from the YST skills and have associated skills linked to headings