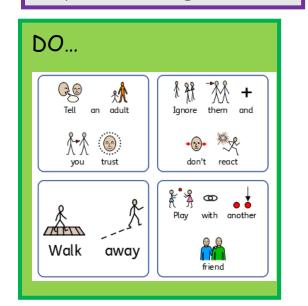
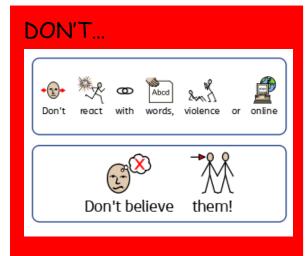
Abbey School



Anti-Bullying

If you are being bullied...

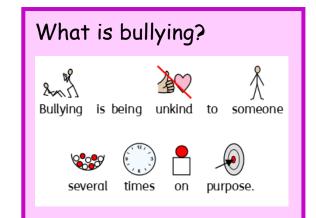




Three steps to STOP a bully!

- 1. STOP Tell the bully to stop (if that does not work...)
- 2. WALK quietly walk away
- 3. TALK tell an adult you can trust e.g. a parent / carer / school staff.

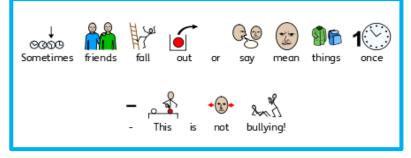
Adults will sort out the situation!



Bullying is not







Bullying could be ...

Emotional - Hurting feelings, leaving out Physical - Punching, kicking, hitting Verbal - Name calling, racism, teasing Online - Unkind words online, email, text Third person - Sending a horrible message

(For students, by students reviewed for the 2022 academic year by U6 and U7)

