



Abbey School

an academy within Nexus MAT

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Executive Headteacher: Mrs. Luci Windle

Head of School: Mr Wayne Askham



INSPIRE...BELIEVE...ACHIEVE

Dear Parents /Carers,

As a part of your child's education at Abbey School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, during the Autumn 2 term, your child's class will be taking part in lessons which will focus on the relationship and health education aspect of the programme. At Abbey School we follow the schemes of work from PSHE Associated and Rotherham Healthy Schools. All PSHE learning takes place in a safe learning environment and is underpinned by our school ethos and values.

Lessons will include pupils learning about: healthy relationships, unhealthy relationships, consent, contraception, sexually transmitted diseases, safe exit strategies, domestic abuse, the risks of sharing sexual images, the risks of pornography and sexual abuse.

Pupils will also have opportunities to ask questions.

PSHE is taught throughout the school and is monitored and reviewed regularly by the staff and governing body. Please visit the school website

<https://abbeyschool.co/wp-content/uploads/2023/04/Sex-and-Relationships-Policy1-2023.pdf>

for more detail about our PSHE curriculum, class long term overviews and our sex and relationships policy.

As a school community, we are committed to working in partnership with parents and if you would like to find out more about what your child will learn, view the materials and discover how you can best support your child at home, please contact me via email.

jtapp@nexusmat.org

Yours sincerely,
Miss J.Tapp (PSHE lead)

jtapp@nexusmat.org

