



WEEK 1

Choose from...

Main

Vegetarian

Combo



STEP

1

Cheese & Tomato Pizza
to go with
Coleslaw, Potato Wedges

Veggie Taco Boats
to go with
Coleslaw, Potato Wedges

Jacket Potato
with choice of fillings
Baked Beans, Grated Cheese,
Tuna Mayo

Pasta
with choice of fillings
Homemade Tomato & Basil
Sauce

Wrap
with choice of fillings
Grated Cheese, Tuna Mayo,
Ham

Tutti Fruity Sponge
to go with
Custard

**Fresh Fruit Bar,
Yoghurt, Cheese and
Biscuits, Jelly**

TUESDAY

Beef Bolognese
to go with
Green Beans, Homemade
Garlic Bread, Spaghetti

Singapore Noodles
to go with
Green Beans

Jacket Potato
with choice of fillings
Baked Beans, Grated Cheese,
Tuna Mayo

Pasta
with choice of fillings
Homemade Tomato & Basil
Sauce

Wrap
with choice of fillings
Grated Cheese, Tuna Mayo,
Ham

Cherry Shortbread

**Fresh Fruit Bar,
Yoghurt, Cheese and
Biscuits, Jelly**

WEDNESDAY

Cottage Pie
to go with
Green Beans, Sweetcorn

Vegetarian Cottage Pie
to go with
Green Beans, Sweetcorn

Jacket Potato
with choice of fillings
Baked Beans, Grated Cheese,
Tuna Mayo

Pasta
with choice of fillings
Homemade Tomato & Basil
Sauce

Wrap
with choice of fillings
Grated Cheese, Tuna Mayo,
Ham

Pineapple Upside-down Pudding
to go with
Custard

**Fresh Fruit Bar,
Yoghurt, Cheese and
Biscuits, Jelly**

THURSDAY

Roast Pork
to go with
Broccoli, Carrots, Roast
Potatoes, Gravy

Quorn Fillet
to go with
Broccoli, Carrots, Roast
Potatoes

Jacket Potato
with choice of fillings
Baked Beans, Grated Cheese,
Salmon & Tomato, Tuna Mayo

Pasta
with choice of fillings
Homemade Tomato & Basil
Sauce

Wrap
with choice of fillings
Grated Cheese, Tuna Mayo,
Ham

Apple Crumble
to go with
Custard

**Fresh Fruit Bar,
Yoghurt, Cheese and
Biscuits, Jelly**

FRIDAY

Chicken Nuggets
to go with
Chips, Spaghetti Hoops

Quorn Hotdog
to go with
Chips, Spaghetti Hoops

Jacket Potato
with choice of fillings
Baked Beans, Grated Cheese,
Tuna Mayo

Pasta
with choice of fillings
Homemade Tomato & Basil
Sauce

Wrap
with choice of fillings
Grated Cheese, Tuna Mayo,
Ham

**Strawberry Iced
Smoothie**

**Fresh Fruit Bar,
Yoghurt, Cheese and
Biscuits, Jelly**



STEP

2

...and to finish!



Bread and Salad will be
available at Lunch Times



WEEK 2



1 Choose from...

Main

Vegetarian

Combo



...and to finish!

Bread and Salad will be available at Lunch Times



MONDAY

Home-made Pizza

to go with

Coleslaw, Potato Wedges

Cheese, Pepper & Onion Roll

to go with

Coleslaw, Potato Wedges

Jacket Potato

with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo

Pasta

with choice of fillings

Homemade Tomato & Basil Sauce

Wrap

with choice of fillings

Grated Cheese, Tuna Mayo, Ham

Fruit Muffins

Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly

TUESDAY

Sausage

to go with

Baked Beans, Mashed Potato, Peas

Veggie Sausage & Tomato Relish

to go with

Baked Beans, Mashed Potato, Peas

Jacket Potato

with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo

Pasta

with choice of fillings

Homemade Tomato & Basil Sauce

Wrap

with choice of fillings

Grated Cheese, Tuna Mayo, Ham

Cocoa Brownie

Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly

WEDNESDAY

Beef Lasagne

to go with

New Potatoes, Sweetcorn, Homemade 5050 Bread

Quorn Lasagne

to go with

New Potatoes, Sweetcorn

Jacket Potato

with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo

Pasta

with choice of fillings

Homemade Tomato & Basil Sauce

Wrap

with choice of fillings

Grated Cheese, Tuna Mayo, Ham

Apple Sponge

to go with Custard

Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly

THURSDAY

Roast Chicken & Stuffing

to go with

Broccoli, Carrots, Roast Potatoes, Gravy

Quorn Fillet

to go with

Broccoli, Carrots, Roast Potatoes

Jacket Potato

with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo

Pasta

with choice of fillings

Homemade Tomato & Basil Sauce

Wrap

with choice of fillings

Grated Cheese, Tuna Mayo, Ham

Banana Flapjack

Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly

FRIDAY

Fish Fingers

to go with

Chips, Peas, Spaghetti Hoops

Cheese & Onion Quiche

to go with

Chips, Peas, Spaghetti Hoops

Jacket Potato

with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo

Pasta

with choice of fillings

Homemade Tomato & Basil Sauce

Wrap

with choice of fillings

Grated Cheese, Tuna Mayo, Ham

Vanilla Ice Cream

Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly

Please speak to a member of the Catering Team or view relishschoolfood.co.uk for Allergen Information



WEEK 3

Choose from...

Main

Vegetarian

Combo

MONDAY

Battered Chicken Burger
to go with

Coleslaw, Potato Wedges

Macaroni Cheese

to go with
Sweetcorn

Jacket Potato

with choice of fillings
Baked Beans, Grated Cheese,
Tuna Mayo

Pasta

with choice of fillings
Homemade Tomato & Basil
Sauce

Wrap

with choice of fillings
Grated Cheese, Tuna Mayo,
Ham

**Carrot Cake
Muffins**

Fresh Fruit Bar,
Yoghurt, Cheese and
Biscuits, Jelly

TUESDAY

**Meatballs with Tomato
Sauce**
to go with

Mixed Pasta, Sweetcorn

**Vegan Meatballs in a
Tomato Sauce**

to go with
Mixed Pasta, Sweetcorn

Jacket Potato

with choice of fillings
Baked Beans, Grated Cheese,
Tuna Mayo

Pasta

with choice of fillings
Homemade Tomato & Basil
Sauce

Wrap

with choice of fillings
Grated Cheese, Tuna Mayo,
Ham

Banana Flapjack

Fresh Fruit Bar,
Yoghurt, Cheese and
Biscuits, Jelly

WEDNESDAY

Chicken Curry

to go with
Mixed Rice, Sweetcorn

Quorn Curry

to go with
Mixed Rice, Sweetcorn

Jacket Potato

with choice of fillings
Baked Beans, Grated Cheese,
Tuna Mayo

Pasta

with choice of fillings
Homemade Tomato & Basil
Sauce

Wrap

with choice of fillings
Grated Cheese, Tuna Mayo,
Ham

**Vanilla Rice
Pudding**

Fresh Fruit Bar,
Yoghurt, Cheese and
Biscuits, Jelly

THURSDAY

Roast Gammon

to go with
Broccoli, Carrots, Roast
Potatoes, Gravy

Quorn Fillet

to go with
Broccoli, Carrots, Roast
Potatoes, Gravy

Jacket Potato

with choice of fillings
Baked Beans, Grated Cheese,
Tuna Mayo

Pasta

with choice of fillings
Homemade Tomato & Basil
Sauce

Wrap

with choice of fillings
Grated Cheese, Tuna Mayo,
Ham

**Fruit Pancake &
Toffee Sauce**

Fresh Fruit Bar,
Yoghurt, Cheese and
Biscuits, Jelly

FRIDAY

Cod in Batter

to go with
Baked Beans, Chips, Peas

Cheese & Onion Quiche

to go with
Baked Beans, Chips, Peas

Jacket Potato

with choice of fillings
Baked Beans, Grated Cheese,
Tuna Mayo

Pasta

with choice of fillings
Homemade Tomato & Basil
Sauce

Wrap

with choice of fillings
Grated Cheese, Tuna Mayo,
Ham

**Raspberry Ripple
Ice-cream Roll**

Fresh Fruit Bar,
Yoghurt, Cheese and
Biscuits, Jelly



...and to finish!

Bread and Salad will be
available at Lunch Times

